

EATZ MENU

BREAKFAST BAGELZ

JB BACON BAGEL
Bacon strips, cream cheese and melted provolone on a toasted bagel.

JB HAM BAGEL
Deli ham, cream cheese and melted provolone on a toasted bagel.

JB GARDEN BAGEL
Tomato slices, spinach, cream cheese and melted provolone on a toasted bagel.

JB PLAIN BAGEL
Toasted bagel with your choice of cream cheese.



SANDWICHEZ

All sandwichez are made to order and served with your choice of one side dish. Order an extra side dish for \$.99

JB TURKEY CLUB
Ovengold turkey breast, sliced tomatoes, bacon, melted provolone and JB Spread served on a French Baguette.

RAVIN' ROAST BEEF
Lean roast beef, cream cheese spread, melted provolone and JB au jus served on a French Baguette.

JB ALBACORE MELT
JB's albacore tuna salad, provolone, spinach and mayo served on toasted Italian Ciabatta.

JB ULTIMATE
Deli ham, Ovengold turkey breast, lean roast beef, provolone and JB Sauce served on toasted Italian Ciabatta.

JB VEGGIE BLENDZ
Fresh spinach, plump tomatoes, fresh sprouts, provolone and balsamic vinaigrette served on toasted Italian Ciabatta.



SMOOTHIEZ AND EATZ TAKE OUT MENU




JB WRAPZ

All wrapz are made to order and served with your choice of one side dish. Order an extra side dish for \$.99

SENSATIONAL CAESAR WRAP
Sliced chicken breast, fresh romaine, romano dressing and grated parmesan cheese served on your choice of wrap.

KICKIN' CHICKEN SALAD WRAP
JB's Caribbean chicken salad, fresh romaine, plump tomatoes and mango dressing served on your choice of wrap.

ASIAN BLENDZ WRAP 
Sliced chicken breast, fresh romaine, sliced carrots, toasted sesame seeds and JB Peanut Sauce served on your choice of wrap.

SIDEZ Salsa Raviolini 
Three Potato Salad
Rotelli Pasta Salad


JB SALADZ

SENSATIONAL CAESAR SALAD
Sliced chicken breast, fresh romaine, croutons parmesan ond romano dressing.

KICKIN' CHICKEN SALAD
JB's Caribbean chicken salad, fresh romaine, plump tomatoes and mango vinaigrette dressing with alfafa on top.

ASIAN BLENDZ SALAD 
Sliced chicken breast, fresh romaine, sliced carrots, toasted sesame seeds, chow mein noodles and JB Peanut Sauce.

JB BLENDERZ SALAD
Lean roast beef, turkey breast, ham, provolone, fresh romaine, carrots, croutons and your choice of dressing.

 Hot and Spicy.
Flavors and prices may vary depending on location and are subject to change.



SMOOTHIEZ

dr. feelgood blendz

- 1 GO BANANAS**
This delicious blend of bananas, skim milk and fat free frozen yogurt will get the monkey off your back.
- 2 IMMUNIZER**
Kick that cold, flu or cough with a tasty mix of freshly squeezed orange juice, bananas and strawberries, with an herbal combination of MULTIPLEX including Echinacea and Vitamin C.
- 3 MARATHONER**
Loaded with blueberries, raspberries, strawberries, freshly squeezed orange juice and MULTIPLEX, this combination will take you the extra mile.
- 4 HANGOVER HEALER**
Hydrate that hangover with a soothing combination of freshly squeezed orange juice, bananas, strawberries, MULTIPLEX and Glycerol.
- 5 CHOCOLATE COVERED BANANA**
This delightful mixture of chocolate, bananas and skim milk will make you feel as if the world is in your hands.
- 6 PEACHY KEEN**
A unique blend of freshly squeezed orange juice, peaches, bananas, orange sherbet and honey will make you feel just peachy.

get fit blendz

- 7 ORANGE BLENDZ**
This blend of orange sherbet, freshly squeezed orange juice and strawberries is sure to refresh your taste buds.
- 8 THE SHREDDER**
Shred off the fat with this blend of freshly squeezed orange juice, strawberries, bananas and WHEYPLEX.
- 9 BAYWATCH BODY**
Achieve a Baywatch bod with this totally beachy blend of raspberries, strawberries, bananas and SOYPLEX.
- 10 ORANGES & CREAM**
This delicious combination of freshly squeezed orange juice, orange sherbet, WHEYPLEX and a touch of honey will make you feel citrus fresh.
- 11 MY PREROGATIVE**
It's your prerogative; you can do what you wanna do! Pick any two fruits of your choice and two extra pointz. Have fun!
- 12 MONDO MANGO**
A sweet blend of mangos, bananas, strawberries and freshly squeezed orange juice, for totally mondo people.
- 13 SOYPLEX "LOW CARB"**
Achieve your personal best with a generous amount of soy protein isolate SOYPLEX, soy milk, honey and two fruits of your choice.
- 14 CHOCOLATE COVERED STRAWBERRY**
Enjoy the fresh taste of strawberries, fat free chocolate syrup and a hint of WHEYPLEX that will melt in your mouth.

healthy choice blendz

- 15 BANANA SPLIT**
Satisfy your sweet tooth with a delicious blend of pineapples, strawberries, bananas, fat free chocolate and WHEYPLEX.
- 16 KOKOMO**
Capture the taste of the islands with a fresh blend of coconut, pineapples, bananas, coconut sherbet and honey.
- 17 ISOPLEX "LOW CARB"**
A complete meal replacement smoothie loaded with protein isolate ISOPLEX, skim milk and two fruits of your choice.
- 18 STRAWBERRY SAMBA**
This sweet, smooth blend of strawberries, bananas, skim milk and fat free frozen yogurt will make you want to samba!
- 19 PBJ & A GLASS OF MILK**
A unique blend of strawberries, peanut butter, bananas, WHEYPLEX and skim milk will make you feel like a kid again.

powerblendz

- 20 EINSTEIN**
Raise your IQ with a combination of strawberries, bananas, pineapples, apple juice, MEMORYBOOST and a touch of honey.
- 21 THE OLYMPIAN**
Bring home the gold medal with a fresh blend of peaches, strawberries, bananas, pineapples, freshly squeezed orange juice and a taste of honey.
- 22 BLUEBERRY BURST**
Blast off your day with a refreshing blend of apple juice, blueberries, bananas and raspberry sherbet.

growth blendz

- 23 MASSPLEX**
Achieve maximum growth with vanilla ice cream, bananas, strawberries, skim milk, honey and MASSPLEX weight gain formula.
- 24 WHEYPLEX "MEAL REPLACEMENT"**
Hit your max with a strong dose of ion exchange WHEYPLEX, skim milk, honey and two fruits of your choice.
- 25 THE JUICER**
This mix of blueberries, strawberries and grape juice blended with creatine and WHEYPLEX will give you the ultimate enhancement.

We offer **FREE limited delivery service from many of our locations. (5 order minimum.)** The next time you're in the mood for a delicious JB Smoothie or fresh Eatz, call ahead and have it ready for pick-up, or better yet, ask about delivery to your home or office.

get juiced

SM LG

TO YOUR HEALTH

Freshly Squeezed Orange Juice.

THE GOURMET CARROT

Freshly Squeezed Organic Carrot Juice.

WE JUST CUT IT TODAY

Freshly Juiced Wheat Grass.

THE ORANGE CARROT

Fresh OJ and Carrot Blendz.

DR. JB

Fresh OJ and Carrot Blendz with a shot of Wheat Grass served on the side.

kidzklub menu

THE CHUNKY MONKEY

Go bananas with this delightful mixture of chocolate, bananas, peanut butter, skim milk and ice cream.

SMARTY PANTZ

This delicious combination of strawberries, bananas, pineapples, apple juice and honey is the smart choice.

THE PENALTY KICK

Score big with freshly squeezed orange juice, strawberries, bananas, orange sherbet and honey.

STRAWBERRY MAMBO

The sweet, smooth blend of strawberries, bananas, skim and fat free frozen yogurt will make you want to mambo!

PEANUT BUTTER & JELLY

A unique blend of strawberries, peanut butter, bananas and skim milk will make you too cool for school.

BREAKFAST BLENDZ

STRAWBERRY SAMBA BREAKFAST BLENDZ

By taking our Strawberry Samba and adding organic granola then topping it off with freshly sliced bananas, we've taken the most important meal of the day and put it in a convenient cup form.

BLUEBERRY BURST BREAKFAST BLENDZ

Take our Blueberry Burst, top it off with organic granola, and fresh blueberries and you'll see why nothing wakes you up in the morning like the sweet rumble of a high powered blender.

EXTRA POINTZ

Energize your smoothie

- 1. XENOPLEX** Premier energy and weight loss capsule
- 2. MULTIPLEX** Complete advanced multi-vitamin and mineral
- 3. WHEYPLEX** Advanced whey protein isolate supplement enriched with amino acids
- 4. ISOPLEX** Lactose-free and sugar-free protein isolate supplement
- 5. CREAPLEX** Creatine transport system
- 6. MASSPLEX** Advanced high calorie weight gain formula
- 7. VANYLPLEX** Increases body's blood sugar levels to enhance athletic performance
- 8. MEMORYBOOST** Increases brain function and memory
- 9. GLUTAPLEX** Amino acid used to assist in muscle and tissue rehabilitation
- 10. JOINTPLEX** Rehabilitates joints and connective tissue and also relieves arthritic pain
- 11. FLAXPLEX** Great source of fiber, protein and essential fatty acids
- 12. TRIPLEX** Natural testosterone precursor that increases testosterone production
- 13. AMINOPLEX** Broad spectrum aminos that assist with muscle rehabilitation
- 14. SOYPLEX** Advanced soy protein isolate that is derived from soy beans and supports natural estrogen levels in women
- 15. SOY MILK** Creamy, rich milk derived from soy beans;
- 16. CREATINE MONOHYDRATE** Used to supplement energy for muscles
- 17. GLYCEROL** Utilized for muscle hydration and prevents dehydration
- 18. VITAMIN C** Used to prevent the common cold and illnesses
- 19. ICE CREAM**
- 20. FAT-FREE FROZEN YOGURT**
- 21. SKIM MILK**
- 22. CHOCOLATE SYRUP**
- 23. PEANUT BUTTER**
- 24. HONEY**
- 25. EXTRA FRUIT**
- 26. SHERBET**



For a location near you, please visit us online at www.juiceblendz.com.